

## FAVOURITE INSTRUMENTS

The use of **percussions instruments** in a Preschool Music and Movement class offers a concrete resource to draw the children in, capture their attention and aid in the learning experience. In the early years, both music and movement instruction happen simultaneously. Having a few homemade or simple percussions instruments is important to have on hand at all times. We don't use instruments in every movement class, but having a teacher's hand drum or children's rhythm sticks ready when needed could bring excitement and focus back to your class!

This list is to just get you thinking!!

<p>If we could only pick five, this is our wish because they can be used in many ways and we use at least one most every Preschool Movement class.</p>	<p><b>Our Top Five Instruments</b></p> <ul style="list-style-type: none"> <li><input type="radio"/> Hand drum</li> <li><input type="radio"/> Rythm sticks</li> <li><input type="radio"/> Shakers</li> <li><input type="radio"/> Bells</li> <li><input type="radio"/> Drums</li> </ul>	<p><b>Your Top Five Instruments</b></p> <ul style="list-style-type: none"> <li><input type="radio"/></li> <li><input type="radio"/></li> <li><input type="radio"/></li> <li><input type="radio"/></li> <li><input type="radio"/></li> </ul>
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### More Instrument Ideas:

- Rythm sticks (these can be made by cutting wood dowels to size)
- Egg Shakers
- Sensory Shakers (see this month's Recipe Card)
- Bells - on a stick or hand
- Hand Drums
- Tambourines
- Sand blocks
- Guiros and/or Frog Guiro ie. wood scrapers
- Clackers or Castanets
- Maracas
- Cage Bells
- Resonator Bars
- Wave Drums
- Rainsticks - small or mini
- Denden Drums
- Triangle
- Cabasa
- Rattle Sticks
- Wood Blocks

