

## 5 FAVOURITE FINGER PLAYS & RHYMES

RHYME OR FINGER PLAY	WHEN & WHERE TO USE IT	WORDS & ACTIONS
<b>Johnny Johnny</b>	Good to use in a lesson about Body Parts or just a silly, fun rhyme to do!	Johnny, Johnny, Johnny, Johnny, ( <i>Touch each finger, starting with your baby finger, while saying 'Johnny' or replace with child's name. When you get to your pointer finger, slide your finger down the swoop to your thumb and say 'Whoops!' Johnny (point to thumb and then do in reverse back to your baby finger).</i> ) Try doing it really fast!
<b>Cup of Tea</b>	Gathering the group after an active movement. "Let's sit and have a cup of tea"	Here's a cup ( <i>make a circle cup with one hand</i> ), And here's a cup, ( <i>make a circle cup with other hand</i> ) And here's a pot of tea ( <i>put one thumb up to indicate the tea spout</i> ) Pour a cup ( <i>pour tea in one cup</i> ) And pour a cup ( <i>pour in second cup</i> ) And have a drink with me! ( <i>pretend to drink</i> ).
<b>Jelly Jam Sandwich</b> (adapted from Peanut Butter Sandwich by Deborah Aronson, because we are a peanut free studio)	Gathering the group after an active movement	Get your bread ready! ( <i>hold one hand flat for the bread and make a knife with the first two fingers of the other hand</i> ) First you spread the Jelly, then you spread the jam. ( <i>spread the knife fingers on the bread hand</i> ) Put a piece of bread on top and eat up all you can. ( <i>clap your hands together and pretend to eat</i> ) Then you take your sticky fingers, and wipe them on your pants. ( <i>wiggle all of your fingers and wipe them on your legs</i> ) Then you do a little wiggle for the Jelly Jam dance ( <i>point your index fingers in the air and wiggle</i> )
<b>Open Shut them</b>	Welcome Song or to get the childrens attention	Open, shut them, open, shut them, ( <i>start with your hands in fists, open and shut the fingers with the words</i> ) Give your hands a clap. ( <i>clap hands</i> ) Open, shut them, open, shut them. ( <i>repeat first hand actions</i> ) Put them in your lap. ( <i>hold hands together to put in lap</i> )
<b>Two little Dicky Birds</b> (for our classes we say 'Black Birds' instead of 'Dicky Birds', but you could use any kind of bird for this rhyme)	Good to use in a lesson about opposites or directions. Change the birds name to Up, Down, Fast or Slow!	Two little dicky birds Stiting on a wall. ( <i>hold two thumbs up</i> ) One named Peter ( <i>show onethumb</i> ). One named Paul ( <i>show your other thumb</i> ) Fly away Peter! ( <i>hide thumb behind your back</i> ) Fly away Paul! ( <i>hide second thumb behind back</i> ) Come back Peter. ( <i>fly first thumb back</i> ) Come back Paul. ( <i>fly second thumb back</i> )

### RESOURCES:

Round and round the Garden play rhymes for young children by Sarah Williams, illustrated by Ian Beck  
Sharon, Lois & Bram's Mother Goose Illustrated by Maryann Kovalski  
Ring a Ring O'Roses Finger Plays for Pre-School Children - Flint Public Library  
Hand Rhymes collected and illustrated by Marc Brown